

Mid-City Safety Week October 12-16, 2015

Safety videos

<p>Evacu-Trac Emergency Evacuation Chairs (On Stairs) (2:05 minutes) By Garaventa Company video</p> <ul style="list-style-type: none">Kept in a storage cabinet (at Mid-City 2nd floor: rm 201 & 3rd floor: rm 307)One person can do itVelcro Straps to hold passengerChair is slow on stairs, low center of gravityBrake Release Mechanism, so chair will stop if handle is let goWheels will roll on ground when not on the stairs <p>http://www.evacutrac.com/video.html</p> <p>School Policy: Only trained staff and emergency personnel (fire fighters or police) can use the evacuation chairs. Only in an <u>extreme</u> emergency, can anybody use.</p>	<p>AED Machine (Heart Attack Help) Automatic External Defibrillator (AED) Machine (3:17 minutes) By Benjamin Abella, MD, Penn Medicine</p> <ul style="list-style-type: none">Anybody can use it (cabinet is unlocked)Get someone that can do CPR until help arrivesOpen the machine and push the on buttonThe machine will talkRemove clothes from chestPut pads on chest using pictureStay clear if machine says it will deliver a shockMachine will tell you what to doCall 911 <p>https://www.youtube.com/watch?v=uwKYx0mFLhk</p> <p>School Policy: Anyone can use the AED machine if victim shows signs of a heart attack. The machine will not shock if not needed. Also, call 911 and do CPR.</p>
<p>Earthquake Preparedness (2:34 minutes) By Louise Sattler of SigningFamilies.com</p> <ul style="list-style-type: none">ShakeOut.org helps with preparedness for earthquakes and TsunamisDrills are importantDrop! Cover! Hold On! <p>https://www.youtube.com/watch?v=nx6eINqY8w</p> <p>School Policy: Everyone is to stay in the building and drop, cover and hold on during an earthquake until authorities say it is safe to exit the building.</p>	<p>Fire Extinguisher Tutorial (2:05 minutes) By Joel Wulf from Bremerton Fire Dept. Use for small fires</p> <p><u>P</u> Pull the pin <u>A</u> Aim at the base of the fire, not the flames <u>S</u> Squeeze the trigger <u>S</u> Sweep at the base of the fire</p> <p>Things to remember:</p> <ul style="list-style-type: none">Keep an exit between you and the fireIf the fire grows too large, exit immediatelyIf inside, shut the doors on your way outKnow where a fire extinguisher is (Keep accessible) <p>https://www.youtube.com/watch?v=2Z2C13gJh-g</p> <p>School Policy: Anyone can use in an emergency.</p>